

CLEO

Egypt's Modern Lifestyle Magazine - April 2006

**Ultimate
Goddess Guide**

8-Page
Beauty Special

Tim Kash
The Face of MTV

Society Look-alikes

20 Things
You Don't Know
About Nose Jobs

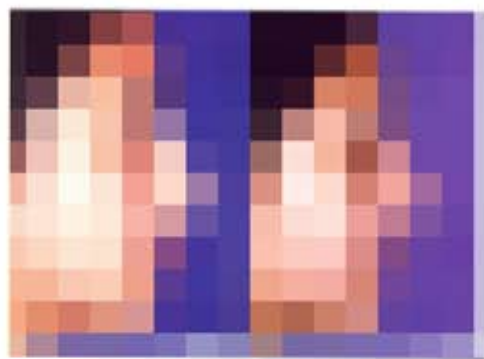
ZEINA
The Screen Queen

Confessions of
**A Desperate
Housewife**

Dr Hossam Foda

He Nose

Hossam Foda has done over 2000 nose jobs. In fact, this facial plastic surgeon made the decision to only do nose jobs a few years ago. Turns out it was a good decision. Foda is now the highest paid rhinoplasty surgeon in the Middle East, he was recently chosen as one of the 10 most talented plastic surgeons in the world by the Academy of Facial Plastic Surgery, and he has developed over 20 new techniques for rhinoplasty. Read on for Foda's 20 facts on nose jobs, and be sure that whatever you want to know... he nose



Fact # 1

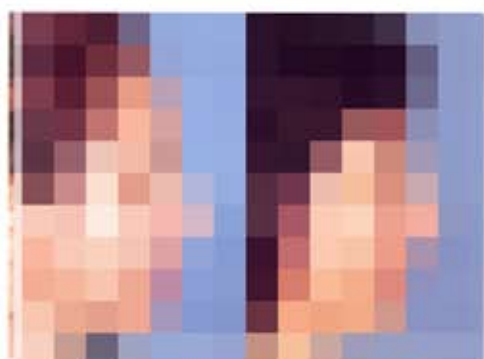
The youngest age for a nose job for optimum results is 15 for females and 17 for males; when the nose has reached adult size.

Fact # 2

The nose does not grow continuously throughout a lifetime but the tip droops with age. This explains why facelifts usually involve nose jobs.

Fact # 3

Moving the chin forward can enhance the overall effect of a nose job in some cases.



Fact # 4

The aim of surgery is that no one looks at the nose again afterwards

Fact # 5

Two weeks after the surgery you can go in public without anyone noticing. The tape and splint are removed 6 days to one week after surgery.

Fact # 6

General anesthetic should be used in all cases as it's more comfortable for the patient, and is safer. Local anesthetic needs an anesthetist to be present



Dr. Hossam Foda



Dr. Foda at work



throughout the operation, general anesthetic is monitored by machines.

Fact # 7

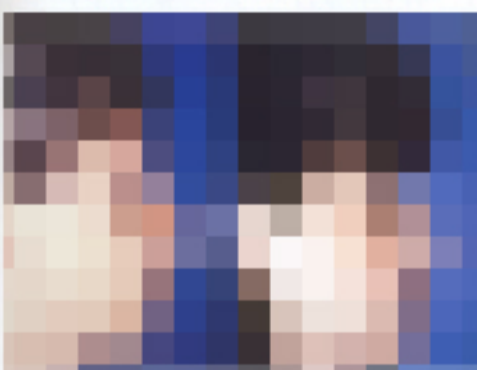
Different noses may suit the same face, but there's only one nose that would make the patient happy.

Fact # 8

Imaging is very accurate in showing what a patient



The aim of surgery is that no one looks at the nose again afterwards



will look like after surgery, but only a skilled surgeon can deliver what's on screen!

Fact # 9
The most limiting thing in rhinoplasty is thick skin, because you cannot modify it and changes are made under the skin

Fact # 10
The first shot is the best shot at getting the desired nose in surgery. Every following operation weakens the tissue.

Fact # 11
The least apprehensive patients are those who come from a referral from a friend or another patient

Fact # 12
A woman usually comes to surgery with her best friend or mum, rarely her husband because of his

disapproval. The husband comes around to the idea that his wife did her nose when he sees positive results, indicated by compliments

Fact # 13
People do not make the decision to have surgery based on the severity of the problem. It's personality related, an indecisive person for example may never go through with it

Fact # 14
Patients having surgery related to ageing, like a facelift, generally go to surgery alone

Fact # 15
In the case of a successful nose job, people usually react by saying 'you look different' but can't pinpoint how

Fact # 16
With open surgery, that involves opening up the

whole nose, no pain should be experienced as the nerves are cut resulting in two weeks of numbness! Foda never gives painkillers to his patients post-op

Fact # 17
Only 1 in 10 patients should experience bruising around the eyes. Bruising is related to how the surgeon deals with the tissue

Fact # 18
The patient should leave the hospital after a maximum of two hours after surgery

Fact # 19
Breathing should be better after surgery than before. A good surgeon should do rhinoplasty with septorhinoplasty, which corrects the septum.

Fact # 20
The final result is visible three months later!®